



# Congress Lowitja 2010

## OVERVIEW PROGRAM: DRAFT

The Lowitja Institute – Australia's National Institute for Aboriginal and Torres Strait Islander Health Research incorporating the Cooperative Research Centre for Aboriginal and Torres Strait Islander Health

## Tuesday 23 March 2010

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|---------------|---|
| 08.00 – 09.00 | <b>Registration of delegates</b>  |
| 09.00         | <b>Warada Dancers</b>   |
| 09.15         | <b>Opening and Welcome by Traditional Owners</b>  |
| 09.30         | <b>First Plenary – Professor Ian Anderson</b> <ul style="list-style-type: none"><li>• History of the CRCATH;</li><li>• CRCAH achievements;</li><li>• Consolidation by CRCATSIH;</li><li>• Future of Lowijta Institute</li><li>• Reframing the Research Agenda</li></ul>   |
| 10.00         | <b>Opening Address</b>  |
| 10.30         | <b>Welcome to NSW</b>   |
| 10.45         | <b>Morning Tea</b>  |
| 11.15         | <b>Second Plenary: What have we learned from the CRCAH</b> <p>This session will highlight the key learnings and achievements of the CRCAH and its partners, and the impact that research has had on the sector.</p>   |
| 12.00         | <b>Lunch</b>  |
| 13.00         | <b>New Understandings in Indigenous Health Development</b> <p>The CRCAH has undertaken a cross-program synthesis of the learnings from its recent projects, and this session will outline key learnings / themes that have emerged.</p>   |
| 13.30         | <b>Break-out sessions:</b> <ul style="list-style-type: none"><li>• <b>Improving Services to Aboriginal Peoples</b><p>Key to addressing health inequities is the need to improve and enhance services to Aboriginal and Torres Strait Islander people. Strategies aimed at achieving this objective are diverse. This session will showcase a range of strategies, and discuss policy and practice implications.</p></li><li>• <b>Structural barriers to Improving Health</b><p>Structural barriers to improving the health of Aboriginal and Torres Strait Islander people are systemic. This session will examine a range of barriers and will discuss strategies at both a policy and practice level that could be explored to address these barriers.</p></li><li>• <b>Social Barriers to Aboriginal Health</b><p>To address the social barriers that impede improving the health of Aboriginal and Torres Strait Islander people, it is necessary to de-colonialise the system and seek to redress issues of control, while building resilience within communities. This session will look at a range of policy and strategies that may address this endemic issue.</p></li></ul> <p><i>Break-out sessions continued next page...</i></p> |

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|       | <ul style="list-style-type: none"> <li>• <b>Working in Effective Partnerships – Engagement across the sectors</b><br/>Partnerships are essential to improving health. So, the key question becomes what makes an effective and sustainable partnership approach to addressing the health and social inequities experienced by Aboriginal and Torres Strait Islander people. This session will ask stakeholders to examine the learnings from a range of diverse projects.</li> <li>• <b>Building Capacity – Whose capacity are we building?</b><br/>Capacity building is a term that is used (and sometimes over used) extensively within the sector – but whose capacities are we building and what are the core elements of an effective strategy. This session will showcase learning from a diverse range of capacity development approaches and will discuss the implications for both policy and practice.</li> <li>• <b>Knowledge Exchange – Ensuring that community benefit from research</b><br/>This session will explore approaches to putting Aboriginal and Torres Strait Islander people and communities in the research driving-seat. Essential to ensuring that research has an impact is the need to ensure that learnings can be translated into policy and practice.</li> </ul> |
| 15.30 | <b>Afternoon Tea</b>   |
| 16.00 | <b>Wrap up – Summary</b>   |
| 17.00 | <b>Close</b>   |
| 17.30 | <b>Welcome Function:</b><br>St Michael’s Golf Course Club (next door to AHC)<br>Guest performer: Glen Doyle ( music)   |

*Program for Day 2 continued overleaf...*

## Wednesday 24 March 2010

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| 09.00 | <b>The Lowitja Institute Research Agenda – Professor Ian Anderson</b><br>This session will outline the research agenda and framework for the new programs for the Lowitja Institute and will explain how research agenda has evolved to meet the future needs of the sector.   |
| 09.45 | <b>Break out groups:</b> <ol style="list-style-type: none"><li><b>1. Healthy Start, Healthy Life:</b> Research focused on reducing the chronic illness risk across the life-course, and improving early intervention and chronic illness management.</li><li><b>2. Healthy Communities and Settings:</b> Research focused on the capacity of local communities and organisations to develop interventions that address the determinants of health across a range of local sectors and settings.</li><li><b>3. Enabling Policy and Systems:</b> Research enabling the reform of policy and programs, workforce development, and whole-of-government approaches to Indigenous health.</li></ol> <p><i>Note: These breakout session will be opportunities to engage with the new programs, and provide advice and input into refining issues and gaps that can be considered by the Program Leaders as part of the planning process.</i></p> <p>(Morning tea served between 10.30 and 11am)</p> |
| 12.30 | <b>Lunch</b>   |
| 13.30 | <b>CONGRESS: What are the functions and purpose of the Congress?</b><br>This session will provide an opportunity for delegates to participate in a discussion about the future functions of the Congress, and how organisations can become involved and partner with the Lowitja Institute to advance the research agenda.   |
| 14.15 | <b>Congress Discussion Forum</b><br>Open forum on the functions, form and opportunities provide by the congress  |
| 15.30 | <b>Afternoon Tea</b>   |
| 16.00 | <b>Wrap up: Critical reporting back by Program Leaders</b>   |
| 17.00 | <b>Close</b>   |
| 18.30 | <b>Stamford Plaza Airport Hotel</b><br>6.30 Pre-dinner drinks<br>7pm Dinner<br>Guest performers: Jimmy Little and Microwave Jenny  |